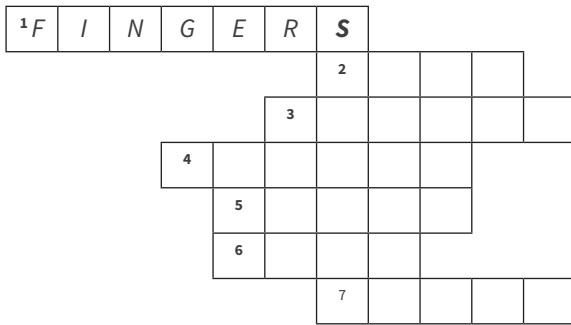


1 Read the clues and complete the puzzle. Find the mystery word and write your own clue for it.



- 1 Most people have eight of these on their hands.
- 2 Most people have ten of these on their feet
- 3 You can find this in your mouth.
- 4 Most people have two of these on their hands.
- 5 This is what controls the body.
- 6 This is always behind you.
- 7 This sends the blood around the body.

Mystery word:

Clue for the mystery word:

2 Choose the correct options to complete the sentences.

- 1 I banged my foot and hurt my (toe) / heart / tongue.
- 2 Kasim was playing football yesterday when he hurt his ankle / blood / stomach.
- 3 She cut herself on a piece of glass and lost a lot of heart / blood / brain.
- 4 I've had a bad cold for days and now my left ear / brain / blood hurts and I can't hear very well.
- 5 I was sitting at my desk studying all day and now my thumb / ankle / neck is sore.

3 Complete the sentences with a suitable adjective.

- 1 Someone who is l a z y makes no effort to do things.
- 2 A c _____ person believes they can do anything.
- 3 If someone feels e _____, they feel shy or ashamed of themselves.
- 4 A l _____ person feels sad because they feel they are alone.
- 5 Someone who is w _____ is thinking about negative things that might happen.
- 6 A person who is s _____ experiences an unexpected feeling.
- 7 A f _____ person is helpful and kind to others.
- 8 An u _____ person is not pleased with a situation.
- 9 If someone is a _____, they want to shout at people for doing things they dislike.
- 10 A person who is u _____ feels sad and unhappy.

4 Underline and correct the mistakes in eight of the sentences.

- 1 I'm feeling lonely because I don't want to leave this school. unhappy
- 2 Grace was very surprised when her dog died and cried for days.
- 3 I was so lonely when James didn't recognise me at the party. I went bright red.
- 4 I've practised the piano every day, so I'm confident I'll pass the exam.
- 5 I'm really embarrassed about our cat; I haven't seen it for three days now.
- 6 The old lady on our street always looks worried. I don't think she has any family.
- 7 Pete was so unhappy when he found out he got 100% on his test.
- 8 Lara is so lazy; she never helps around the house.
- 9 Gina is very angry and always helps the new students on their first day.
- 10 Dad was so lazy when he saw the broken window. He started shouting very loudly.

5 Complete the text with suitable words.

What kind of person are you? Are you usually happy and ¹ c onfident _____? Or do you get ² u _____ easily? Teenagers are under a lot of pressure nowadays so it's not uncommon for them to be ³ w _____ about their body and its changes. They may also feel ⁴ l _____ because they don't know who they can talk to. People often feel ⁵ e _____ and uncomfortable talking to other people about their bodies or health issues. Taking care of yourself is one way to feel better. Eating healthily means a healthy body and exercise is good for your ⁶ h _____. It's important to sleep well too because sleep recharges the ⁷ b _____ and provides energy for the following day. Obviously, you need to study but it's important to ⁸ h _____ fun too, so make sure you ⁹ s _____ time with your friends. Take up a hobby too: read a book or start collecting something. You might be ¹⁰ s _____ by how good you feel.

1

¹ F	I	N	G	E	R	S				
						² T	O	E	S	
			³ T	O	N	G	U	E		
⁴ T	H	U	M	B	S					
	⁵ B	R	A	I	N					
	⁶ B	A	C	K						
			⁷ H	E	A	R	T			

Mystery word: stomach

Clue for mystery word: The food you eat goes in here.

5

- 2 upset
- 3 worried
- 4 lonely
- 5 embarrassed
- 6 heart
- 7 brain
- 8 have
- 9 spend
- 10 surprised

2

- 2 ankle
- 3 blood
- 4 ear
- 5 neck

3

- 2 confident
- 3 embarrassed
- 4 lonely
- 5 worried
- 6 surprised
- 7 friendly
- 8 unhappy
- 9 angry
- 10 upset

4

- 2 surprised - upset
- 3 lonely - embarrassed
- 5 embarrassed - worried
- 6 worried - lonely
- 7 unhappy - surprised
- 9 angry - friendly
- 10 lazy - angry